

Monarch Football 2018

2nd Annual MoHi Freshman 7 on 7 Tournament

- May 26th – 7 pm “under the lights”
- All passing – defense and offense
- Everyone welcome regardless of previous positions played
- We provide Pizza and water
- Please check back for weather updates

Summer Football Activities

- Speed & Conditioning Camp
 - May 29th to July 3rd
 - 9:00 am to 9:30 am Mon – Thu
 - Cost tba
 - MoHi fields
- Summer Weightlifting
 - May 29th to July 3rd
 - 9:30 am to 10:30 am Mon – Thu
 - No Cost
 - MoHi weightroom (monitored for success and safety)

2018 MoHi Season

- Denver South (Scrimmage)
- Dakota Ridge
- Rampart
- Greeley West
- Broomfield
- Gateway
- Loveland
- Skyline
- Fort Collins
- Silver Creek
- Greeley Central

2018 MoHi Season

- Practice M-F 3:30 – 5:30 (unless game). All players expected at EVERY practice.
- Practices used to work on fundamentals, skills and game preparation.
- Player safety always #1 goal.